PASTIERA FLAN

PUFF PASTRY

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INGREDIENTS		PREPARATION
GRANSFOGLIA	g 1000	-Knead GRANSFOGLIA and water for 5/8 minutes until the dough is still not very smooth.
COLD WATER	g 450-480	-Leave to rest in the refrigerator overnight, well covered.
BUTTER-PLATTE	g 700	-Then start with the folds using the butter dish.
		-Proceed with two 4-folds and leave to rest, well covered in the refrigerator, until the dough
		is relaxed. (approximately 45min)
		-repeat the same folds twice, until you obtain six folds of 4, leave to rest for an hour in the
		refrigerator.
		-roll the puff pastry to 2mm and leave to rest for 45 minutes in the fridge.
		- butter 10cm diameter, 4cm high molds and cover with granulated sugar, make strips 4,5cm high
		and 35cm long and line the moulds, leave to rest for 15/20min at room temperature.
		-place a buttered ring with a diameter of 6cm and a height of 4cm in the center of the ring with the
		pastry and pre-cook at 160°C for 18min.
		-take out of the oven and remove the puff pastry from the rings.



HAZELNUT CRUMBLE

PREPARATION INGREDIENTS g 250 -Mix all the ingredients in a planetary mixer with paddle attachment at medium speed, until you obtain HEIDICAKE UNSALTED BUTTER 82% FAT g 75 a "grainy" structure. g 50 EGGS -Line the bottom of the puff pastry rings with the hazelnut crumble. g 65 ALL-PURPOSE FLOUR g 20 CASTER SUGAR g 15 PASTA FRUTTA ORO ORANGE - CESARIN

PASTIERA FLAN

INGREDIENTS		PREPARATION
FULL-FAT MILK (3,5% FAT)	g 700	-Bring the milk with all the aromas to the boil in a saucepan
LIQUID CREAM 35% FAT	g 200	-In the meantime, create the pastel by beating the eggs, egg yolks and sugar, add the corn starch
CASTER SUGAR	g 170	and whisk vigorously.
EGGS	g 120	-Pour a small part of boiling milk onto the crayon, then pour it into the saucepan with the rest of the
EGG YOLK	g 40	boiling milk and cook until it reaches 83°C.
SOVRANA	g 70	-once the cream is cooked, add the butter, candied orange and cooked wheat.
UNSALTED BUTTER 82% FAT	g 100	- leave to cool in the refrigerator.
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 15	- once cooled, heat to 60°C and mix until obtaining a homogeneous consistency and pour the cream
PASTA FRUTTA ORO ORANGE - CESARIN	g 10	
CANDIED ORANGE PASTE	g 25	into the puff pastry bottoms up to 3/4 of the bottom and bake in the oven for 15min at 160°C, 150 for
ORANGE BLOSSOM WATER	g 2	15min, 10min at 140°C.
- COOKED WHEAT	g 120	- remove from the oven and cool completely.
CANDIED ORANGE - SHREDDED	g 70	

FINAL COMPOSITION

Decorate with MINI TULIP EGG ASSORMENT and DAYSY.





RECIPE CREATED FOR YOU BY **OMAR IBRIK**

PASTRY CHEF

