BABÀ CHERRY LOVE



BABÀ DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 500	In a stand mixer with hook mix DOLCE FORNO MAESTRO, flour, salt, yeast and only 600
MANITOBA FLOUR	g 500	grams of cold eggs.
YEAST	g 25	Knead at speed 2 for about 10 minutes until a good gluten mesh is formed.
SALT	g 15	Continue adding the remaining eggs a little at time until completely absorbed, yoy will get a very
EGGS	g 1050	soft but elastic mixture.
UNSALTED BUTTER 82% FAT - SOFT	g 270	Finally add the butter with a soft consistency in two or three times.
		Leave the dough to rise in a leavening room at 28-30°C for about 1 hour and in any case until it
		has doubled in volume.
		Mix again with a hook for another 4-5 minutes.
		Dress the dough in cylindrical moulds with central hole.
		Let the dough rise in a leavening cell at 28°C max for about 1 hour.
		Bake in a ventilated oven at 170° C for about 20 minutes.
		Once out of the oven, remove the babà from the moulds and let it cool down.



STRAWBERRY AND VANILLA SYRUP

INGREDIENTS		PREPARATION
WATER	g 600	Mix all the ingredients and bring to the boil.
STRAWBERRY PURÉE	g 100	
CASTER SUGAR	g 400	
VANILLA BEANS	2 baccelli	
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CRUNCHY RED FRUIT FILLING

INGREDIENTS

CHOCOCREAM CRUNCHY FRUTTI ROSSI

CREAM BASE

INGREDIENTS	PREPARA	ATION
EGGS	30 Mix eg	ggs with sugar.
CASTER SUGAR	Separ	ratedly, mix corn starch with water.
CORNSTARCH	28 Comb	ine the two blends using an immersion mixer until you reach a soft and velvety texture.
WATER	50 Use in	nmediately or store in the refrigerator.



CREAM WITH CHERRIES

INGREDIENTS		PREPARATION
BASE CREAM	g 220	Add the base cream to 200gr of cherry puree (you can also use the black cherry puree) and
- CHERRY OR BLACK CHERRY PUREE	g 280	bring to a boil.
		Cook for 3 minutes until the starch is completely cooked.
		Add the remaining pure cherries (80gr), while mixing well.
		Pour over a baking sheet with baking paper, cover and let it cool down quickly to 4°C.
		Before the use, remove from the refrigerator and mix until you reach a smooth and velvety
		texture.

CHANTILLY WITH STRAWBERRIES

INGREDIENTS		PREPARATION
STRAWBERRY PURÉE	g 450	Hydrate the jelly with water.
SINFONIA CIOCCOLATO BIANCO 33%	g 570	Bring the strawberry purèe to a boil and pour the mixture (while still warm) on the melted white
LIQUID CREAM 35% FAT	g 1000	chocolate to obtain a good emulsion.
GELATIN POWDER OR SHEETS 200 BLOOM	g 4	Add the melted gelatine and mix with a dip mixer. Add the liquid cream.
WATER	g 24	Refrigerate for at least 8 hours to let it crystallize.

RASPBERRY COMPOTE

INGREDIENTS		PREPARATION
FRUTTIDOR LAMPONE	g 400	Mix FRUTTIDOR LAMPONE with an immersion mixer and add the LILLY NEUTRO hydrated
LILLY NEUTRO	g 60	with water.
WATER	g 60	



INGREDIENTS

- CHERRY OR BLACK CHERRY PUREE g 400
CASTER SUGAR g 50
PECTIN g 8
- CITRIC ACID g 1

FINAL COMPOSITION

Dip the babà into the strawberry and vanilla hot syrup (40-45°C)

Squeeze them slightly to remove the exceeing syrup and put them on a grid to drain.

Fill the babà with the crunchy red fruit filling and the cherry cream.

Place in the center a disc of raspberry compost.

With a sac à poche pour a tuft of strawberry Chantilly over the stuffed baba.

Decorate the single portion with cherry jelly and Dobla's HEART SEAL.

PREPARATION

Heat the puree with the sugar until it reaches 40°C, pour the sugar and pectin into the mixture while mixing well.

Bring to a boil for 2 minutes.

Add the citric acid.

Pour into spherical silicone moulds and place in blast chiller.

