

CEREALS AND RED BERRIES COLOMBA

LARGE LEAVENED PRODUCTS

DIFFICULTY LEVEL E E







FIRST DOUGH

CASTER SUGAR

UNSALTED BUTTER 82% FAT

EGG YOLK

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 6500	Knead DOLCE FORNO MAESTRO, yeast and all the dose of water indicated in the recipe.
YEAST	g 30	When the dough begins to take shape pour the sugar and then the yolks gradually in more than
WATER	g 2300	once and keep on kneading until the dough is well-combined and smooth.

g 500 g 1600

g 2000

pour the sugar and then the yolks gradually in more than once and keep on kneading until the dough is well-combined and smooth.

At the end, add softened butter in 3-4 times.

Make sure that the temperature of the dough is 26-28°C.

Let rise for 12-14 hours at 22-24°C with the 70-80% of relative humidity. If the proofer room is devoid of humidifier, cover the dough with a plastic cloth.

The dough shall quadruple its initial volume.

ADVICE:

- We suggest to cut out a 250g piece of dough and to put it into a 1L jug to check the pace of the leavening and verify the quadruplication of the volume.
- We suggest to begin to knead at second speed and then, when at 3/4 of the kneading time, change to first speed and bring the kneading to end.
- If the temperature of the first dough is above 28°C, it will be necessary to decrease the leavening time.
- If you are using a planetary mixer with a "dough hook" attachment or a spiral mixer you will have to reduce the amount of water specified in the first dogh (we suggest you to use 2400/2250 gr)



SECOND DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 3500	The next morning, the dough shall be slightly curved.
WATER	g 850	Add DOLCE FORNO MAESTRO and water to the first dough and knead for 5-10 minutes.
CASTER SUGAR	g 700	When well-combined, add sugar, salt and one part of egg yolk. Then add the remaining egg yolk in
SALT	g 110	two times.
EGG YOLK	g 1150	Meantime, prepare a mixture of softened butter, honey and JOYPASTE VANIGLIA. Once the mixture
UNSALTED BUTTER 82% FAT	g 2000	is ready, add it to the dough in 4 times.
NEY PASTE VANIGLIA MADAGASCAR/BOURBON	g 700	Be sure that the temperature of the dough is 26-28°C, in the temperature is lower we suggest you to
	g 100	warm up the candied fruit just for 1-2 minutes in the oven.
	g 3500	Add gently the candied red fruit.
DECORGRAIN	g 2000	Let the dough and rest in the proofer room at 28-30°C for about 75-90 minutes.
		Divide the dough into portions of the required size (1kg colomba requires two portion of 450gr
		each) and roll each portion up into into a ball shape. Move onto boards or trays and leave to rest at
		28-30°C for another 20 minutes.
		Roll them up tight again and transfer into the specific paper moulds.
		Put in the proofer room at 28-30°C with relative humidity of about 70% until the top of the dough
		nearly leans out of the edge of the mould; if the proofer room is devoid of humidifier, cover the dough
		with plastic sheets.

GLAZE

COVERDECOR WHITE CHOCOLATE To Taste Warm up at 50°C.



FINAL COMPOSITION

At the end of the rising, bake at 160-170°C, time depending on the weight (consider about 50 minutes for 1000g colomba), until the temperature of the center reaches 93-95°C.

As soon as they are removed from the oven, the colomba should be placed onto the specific toothed racks and left to cool upside down for 8-10 hours at least before being wrapped in Moplefan bags.

Cover the colomba with the glaze and decorate using DOBLA Lily Flower.



RECIPE CREATED FOR YOU BY MIRKO SCARANI

PASTRY CHEF

